



Eddie A. Perez  
Mayor

# Come be part of a Healthy Community and get the Stress OUT with

## FREE Yoga, Tai Chi and Zumba!

### Friday, June 19, 2009 at BUSHNELL PARK from 3:00 PM to 7:30PM

- Music
- Information Tables
- Fun Physical Activity
- Health Screenings

## Bring a beach towel and be part of the fun!



Carlos A. Rivera  
Director

This event is sponsored by the City of Hartford Health and Human Services Department **as a part of its Healthy Hartford Campaign.** For more information, please contact [Martha Page](#) at (860) 543-8807.

